

Which factors impact households' selective biowaste sorting? An agenda for future behaviour change campaigns in Athens.

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#### Agenda

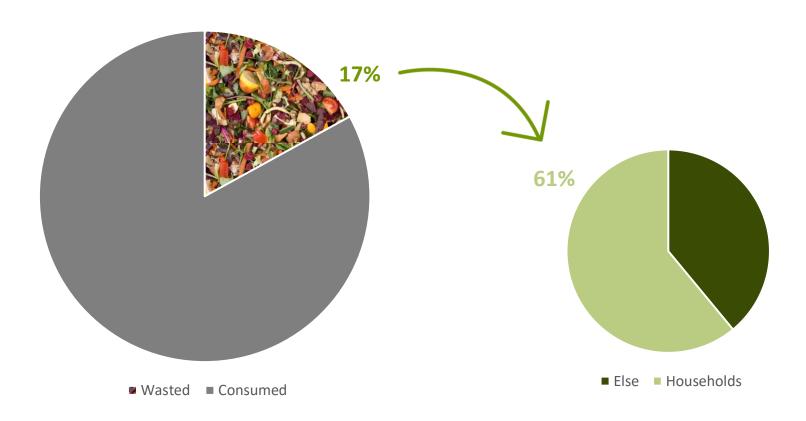


- Food production, the bioeconomy and the role of the different stakeholders
- 2) Behaviour change and the theory of planned behaviour
- 3) Methodology & results
  - Expert interviews
  - Online survey
  - Focus groups
- 4) Conclusions





#### Food production & waste in the EU

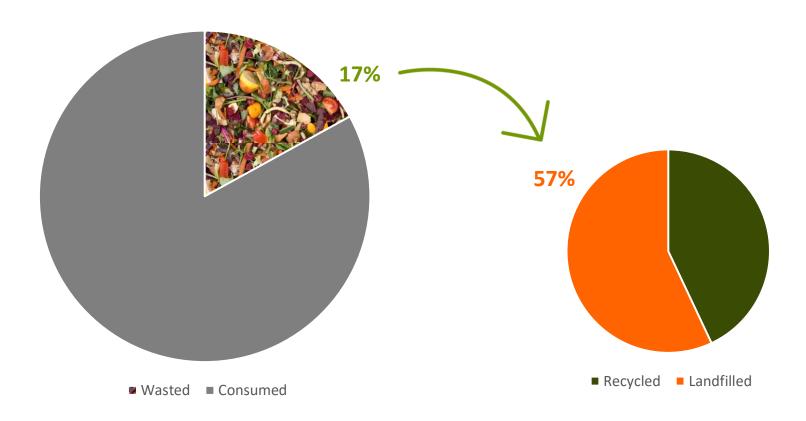


**UNEP (2021)** 





#### Food production & waste in the EU

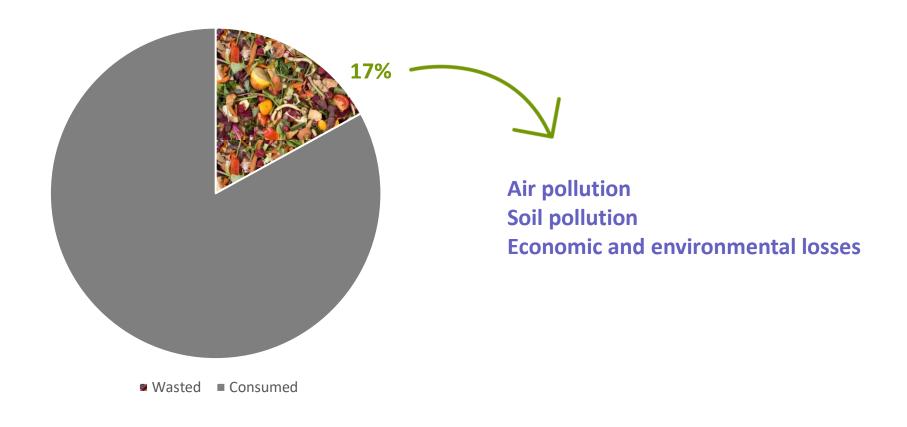


EEA (2020)





#### Food production & waste in the EU

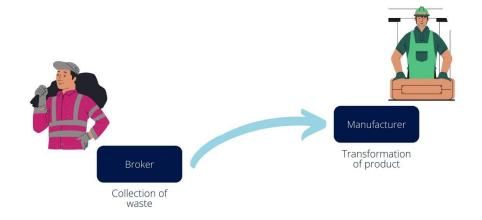






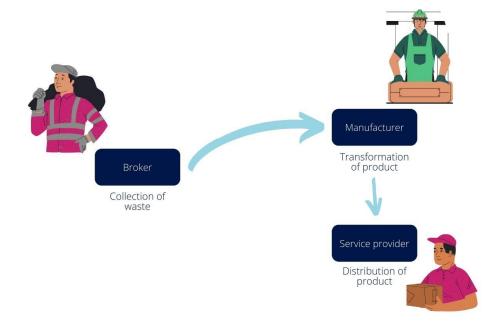






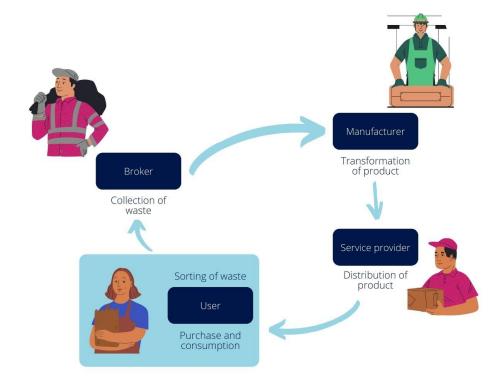






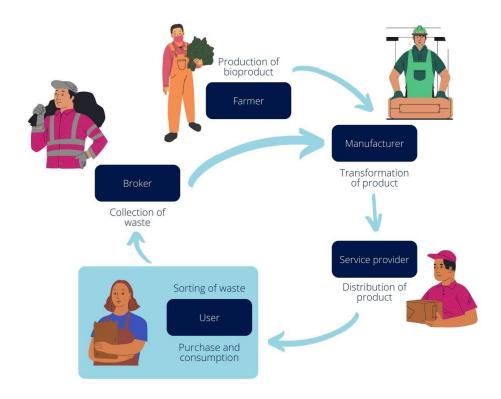
















#### Change is needed



# Behaviour change is required ...





#### Change is needed

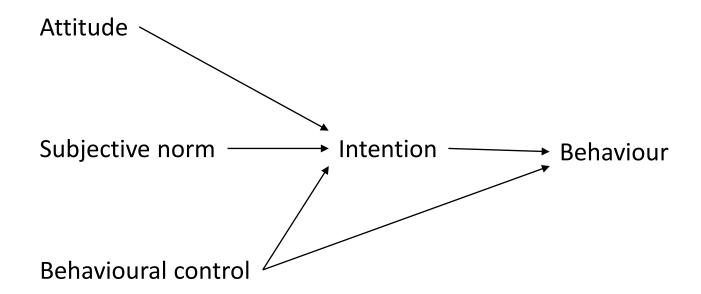


## ... But how?





#### Theory of planned behaviour (Azjen, 1991)







#### Additional variables

- Environmental concern
- Moral and descriptive norms
- Awareness of consequences
- Knowledge
- Convenience
- Trust
- Socio-demographics





#### Methodology

- Vari-Voula-Vouliagmeni Municipality (East Attica, Greece)
- Mixed method research design
  - Online survey
  - Focus groups
  - Expert interviews





#### **Expert interviews**

- Network of biowaste bins covers approx.
  30% of the municipality
- Possible elements impacting behaviour:
  - insufficient knowledge about (bio)waste management practices
  - difficulties experienced in sorting biowaste
  - absence of a single system providing information about and promoting the recycling of organic materials
  - missing behaviour change methodologies and designs tailored to the needs of the local population
  - difficulties faced by local municipalities in ensuring procurement for biowaste separation equipment, such as bins.









#### Online survey

- N= 153

#### Online survey

Concept	Cronbach's alpha	<b>x</b>	SD
Selective biowaste sorting behaviour	-	3.01	2.29
Awareness of consequences	.769	4.17	1.02
Self-efficacy	.887	4.16	1.01
Attitude	.844	4.13	0.75
Moral norm	-	4.07	0.78
Subjective norm	.882	3.70	1.12
Trust	.891	3.07	1.30
Knowledge	-	2.72	1.04
Convenience	.639	2.45	0.81
Controllability	.845	2.37	1.26
Descriptive norm	.812	1.95	0.95

Variables were measured on a 5-point Likert scale, except for 'selective biowaste sorting behaviour' which was measured on a 7-point Likert scale.





#### Online survey

Variables	<del>x</del>	SD	Step 1 $\beta$	Step 2 $\beta$
Perceived controllability	2.37	1.26	.432***	.349***
Attitude	4.13	0.75	.147*	.122
Descriptive norm	1.95	0.95		.177*

<sup>\*\*\*</sup>p < 0.001, \*\*p < 0.01, \*p < 0.05, 'p < 0.1

Variables measured on a 5-point Likert scale.





#### Focus groups



- environmental protection (clean environment, beneficial for the environment, environmental awareness, no rubbish in nature, zero waste, cleanliness)
- moral gratification (conscientiousness, responsibility, sense of helping)
- well-being, a better future and education.



- Lack of convenience (lack of bins, bags, the fact that it is time consuming
- Lack of practical knowledge as to how to sort and what to sort,
- "Dirty" factor: insects, odours, and liquids





#### Focus group

- New insight:
  - Division of the behaviour into two actions
    - Sorting at home
    - Bringing the bag to the bin
  - Real demand regarding infromation





#### Conclusion

- Important role of
  - Perceived controllability vs self-efficacy
    - Esp. drop-off collection scheme
    - Support theoretical separation of the original concept of PBC
  - Descriptive norm
    - Future research: on both actions?

- → Persuasive communication (social media)
- → Behavioural modelling (online & offline community of practice)
- → Provision of knowledge (online & offline sorting game)





## Thank you!

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